



Mary Hladio

A specialist in organizational culture, team dynamics and leadership effectiveness, Mary Hladio brings 20 years of experience to her engagements. She founded Ember Carriers Leadership Group, an organizational performance consulting firm, which provides clients customized approaches to achieving greater levels of efficiency, productivity and satisfaction in their organizations.

Mary is a seasoned consultant who works with both individuals and teams in areas including communication, performance coaching, leadership development and transitions, employee motivation, time mastery and conflict resolution.

Despite having asthma and lupus, Mary is dedicated to a healthy lifestyle, running and completing several full and half marathons. This is how Mary approaches life, with a "Can Do!" attitude and she brings her motivation to every session.

As an entrepreneur and noted speaker, Mary also gives time to diverse audiences throughout North America and internationally, conducting sessions for colleges, corporate functions, running teams, churches, retreats and non-profit organizations. Mary has an extraordinary ability to blend story-telling, humor and best practices, while drawing from personal experience to deliver an impactful and interactive session.

#### Unique Expertise

- Featured workplace expert for the FOX affiliate morning show in Cincinnati, Ohio
- Quoted expert resource in publications including:

**The New York Times**

**Human Resource Executive**

**Woman's Day**  
LIVE WELL EVERY DAY

- Most requested facilitator in the U.S. for Insights Discovery having led workshops with corporations including:

**Johnson & Johnson**



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#### Certifications

- Master Black Belt in Six Sigma from the Harrington Institute
- Certified Corporate Coach and Project Management Certification
- Certified Corporate Coach from the World Associations of Business Coaches
- Project Management Certification with from the Project Management Institute

#### Accolades

"Mary brought the whole package. She communicated and connected well with everyone at ILS on their own terms and in their own language. She's insightful, thoughtful, and can read between the lines. She was able to very quickly put something together for us."

Jay Dollries, President Innovative Labeling Solutions

"Mary's presentation skills and creativity are extremely strong. She works to build strong business partnerships."

Don Maier, Sr. VP North America Hill-Rom, Inc

[www.EmberCarriers.com](http://www.EmberCarriers.com)